# Breakfast- Choose 4 items from following:

Assortment of fresh fruit with croissants or bagels.

Yogurt and granola bars.

Breakfast meat and eggs with fruit muffins.

Orange juice, apple juice, coffee, water.

# Lunch: Choose 3 items from following:

Chicken salad or pimento cheese on croissant or bread with fresh fruit or chips.

Ham or turkey on croissant or bread with fresh fruit or chips.

Strawberry and walnut salad.

Cheese board with fresh cheeses, fruit, and jelly.

# Dinner: Choose 4 items from following: Can mix and match.

Spaghetti with meatballs and garlic bread

Shrimp, chicken, or vegetable alfredo and garlic bread.

Hamburger steak with rice and gravy.

Chicken wrapped in bacon with rice and gravy.

Pulled pork sandwiches with baked beans.

# Appetizers: 1 per meal

Cheese board with fresh cheeses, fruit, and jelly.

Smoked chicken wings with ranch.

Spinach dip with crackers.

Hummus with pita chips.